**[INSERT YOUR HIGH SCHOOL NAME HERE]**

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| **9th Grade** | **10th Grade** | **11th Grade** |
| **Science Assessment****Date through Date** | **Reading Assessment****Date through Date****Math Assessment****Date through Date****Science Assessment****Date through Date** | **Reading Assessment****Date through Date****Math Assessment****Date through Date****Science Assessment****Date through Date** |

**Top 5 Tips - What Families Can Do to Help**

1. Make note of when assessments are scheduled. Dates may be published in the school or classroom newsletter, flyers may be sent home, etc. Reschedule dentist or non-critical doctor appointments if they are scheduled during assessments.
2. If you don’t know what assessments your student is taking and how the results are used, ask your student’s teacher or school administrator. The results of some assessments may actually determine classroom placement for the following year.
3. There is no way to cram for assessments. Encourage your student to take their time and do their best. Tell your student that the assessments can be hard, but that taking them provides a chance to show what you know.
4. Make sure your student gets a good night sleep. Have your student get up early enough to avoid hurrying and still be on time.
5. Have your student eat breakfast either at home or at school.